

The People's Terms - My Story Guide

<https://realitycheck.radio/covidinquiry/provide-feedback/>

The official government website asks two questions:

Question 1: Looking back – what would you like the Inquiry to know about your experiences of the pandemic?

Question 2: Moving forward – what lessons should we learn from your experiences so we can be as prepared as possible for a future pandemic?

Suggestions to write your story:

- Share one or more of a selection of especially impactful experiences in the first box.
- Give an example of one or two “learnings” for the second box.
- Use capitals to indicate topic headings.
- Edit and create your answers below and save this document. Then copy and paste from this document into the boxes on the government website. You can type directly into the form but if you have a glitch you'll lose your work.
- Responses via the form are limited to a *maximum 10,000 characters per “box”* for your story. This equates to **roughly two A4 pages of text at font size 11** for each box.

Amplify Your Voice:

If your story relates to Covid vaccine injury or death, please consider ALSO sharing your report with The Health Forum NZ. Your report can be added to the confidential database of vaccine adverse events and it can also be shared publicly to further raise awareness of harms. To do either or both, [please complete this form](#) (you can copy and paste your Royal Commission Submission into the form).

You can also share your experience on any topic with us by sending a copy to inbox@realitycheck.radio with subject line My Covid Inquiry Story.

See next page for suggestions for completing your story.

Q1. Looking back – what would you like the Inquiry to know about your experiences of the pandemic?

My name is ...[optional]

My contact details are ...[optional]

I would like to have the opportunity to speak with the royal commission. [optional]

SUMMARY

Optional but helpful especially if what you've written is on the longer side. Write this last, after you've written everything else. It might be a paragraph long.

In summary ...

MY EXPERIENCE / MY FAMILY'S EXPERIENCE

Share one more of your - or your family's - experiences, the more detail you can give the better (bearing in mind the character limit). Make sure you also let the Commissioners know if you are still impacted by any of these experiences.

- **Experience....**
- **Experience...**
- **Experience...**

To get you started: remember when they:

- **Locked you in** your home
- Wouldn't let you **see loved ones**
- Stopped you from **travelling**
- Disrupted your child's education
- **Created borders** within NZ
- Said your work was not essential
- Turned friends into **snitches**
- Created a **two-tier society**
- **Discriminated** against you
- Triggered the **cost-of-living crisis**

- Made you **wear a mask**
- Made you **get a vaccine**
- **Tracked you** with an app
- Made you '**social distance**'
- Made you take **PCR tests** / other tests
- **Disrupted health** screening & treatment

Q2: Moving forward – what lessons should we learn from your experiences so we can be as prepared as possible for a future pandemic?

Explain what consequences were, how you felt, cost to you, “lessons learned”.

The effect of this was:

- **Effect ...**
- **Effect ...**
- **Effect ...**

Here are a couple of examples:

- New Zealanders must have the right to make decisions about their own health.
- New Zealanders must always have freedom to return to their homes

Topics you may wish to comment on in the context of “lessons learned”:

- Lack of informed consent
- Lockdowns
- Border Closures
- Borders within New Zealand
- Traffic light system
- Vaccine mandates
- Tracking and tracing on apps / scanning in
- Social distancing
- Mask mandates
- Arbitrary designation of “essential services”
- Turned friends into snitches
- Establishing a two tier society
- A cost-of-living crisis
- Printing money